

*"Charm is deceptive,  
and beauty is fleeting;  
but a woman who fears the  
LORD is to be praised.  
Give her the reward she has  
earned, and let her works  
bring her praise at the city  
gate."*

*Proverbs 31:30-31 NIV*



# Proverbs 31 Young Women of Character

**A Program of JABEZ MINISTRIES INCORPORATED**

A two year mentoring/leadership development program based on the virtuous woman portrayed in Proverbs 31. This program provides character education curriculum for high school females who are entering grades 9 through 12. Program sessions will be held weekly on Saturdays from 1:00 pm to 4:00 pm, or Sundays from 1:00pm to 3:30pm starting in October of 2011.

*Space is limited! You can download an application from our website [www.jabezbeatsthestreets.org](http://www.jabezbeatsthestreets.org), click on Programs, scroll down and select Project 31. Completed applications can be mailed or emailed ([ks@jabezbeatsthestreets.org](mailto:ks@jabezbeatsthestreets.org)). All applications need to be received no later than April 18, 2011.*

*Don't let anyone  
look down on you  
because you are young,  
but set an example for the believers*

*in speech,  
in conduct,  
in love,  
in faith  
and in purity.*

*1 Timothy 4:12 NIV*



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A Catalyst for  
Change - helping youth R.I.S.E.  
above social injustices.

## PROGRAM COMPONENTS:

**God's Purpose for Your Life** – Based on the workbook "Excel", developed by Scott Phelps, these lessons will help participants understand who they are in the eyes of God; as well as curriculum on abstinence and purity.

**Etiquette** – Participants will engage in exercises concerning manners, phone etiquette, poise, posture, first impressions, table manners, make-up tips, and business conversation.

**Service Projects** – provides participants an opportunity to assess the needs in the community and seeks ways to be of help and service.

**Panel Discussions** – Participants will learn first-hand about mature topics intended to reinforce lessons learned through sessions. For example, what men think about promiscuous women, what it's like to be a single parent, what life is like with HIV or Herpes, and how successful couples maintained abstinence before marriage.

**Ballroom Dance** – Participants will learn the art and discipline of ballroom dance, beginning with the basics, then advancing each week with more difficulty. The participants will rehearse for the Commitment to Purity Ball to be held as the culminating event.

**Mission Trip**—culminating event for year two of the program. The mission trip will give life application to our curriculum on cultural enrichment and advocacy/service to the Lord. The participants will take a journey that will hopefully be a life changing experience that will positively affect their future as young adults in the way they contribute and seek to improve the landscape in their communities and society.

**Parent Workshop** – A parent workshop will be held in early in the Fall, to review curriculum topics with parents, and to ensure parents will understand what will be taught to participants, and how to reinforce this learning at home.